



# Judo NSW Junior State Squad Training Schedule 2011

## Coaches

Kerrye Katz	0416 235 816	katzfamily@accc.net.au
Phil Kearney	0414 795 133	phil_ Kearney@merck.com

## Assistant Coaches

Rob Ivers	0434 660 566	ivers@boomsherrin.com.au
Rob Katz	0411 409 632	katzfamily@accc.net.au
Phil McDermott	0412 440 499	phil.mcdermott@optusnet.com.au

## Manager

Lisa Lee	0401 085 258	lisajlee@live.com.au
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**Training Venue:** Bushido Judo Club  
Lot 1, Bareena Street  
Canley Vale (next to the swimming pool)

Monday	Wednesday	Saturday
		Saturday 30th April Sunday 1st May WEEKEND TRAINING CAMP – BOTH DAYS
2 May 6.30 – 8.00pm	4 May 6.30 – 8.00pm	7 May 2.30 – 4.30pm
9 May 6.30 – 8.00pm	11 May 6.30 – 8.00pm	14 May 2.30 – 4.30pm
16 May 6.30 – 8.00pm	18 May 6.30 – 8.00pm	21 May 2.30 – 4.30pm
23 May 6.30 – 8.00pm	25 May 6.30 – 8.00pm	28 May 2.30 – 4.30pm
30 May 6.30 – 8.00pm	1 June 6.30 – 8.00pm	4 June 2.30 – 4.30pm
6 Jun 6.30 – 8.00pm	8 June 6.30 – 8.00pm	11-13 June <b>National Championships Perth</b>

## Notes

- Nomination Forms must be received by 25th March 2011.
- Club Coaches are welcome to attend and assist with squad training
- Country squad members must attend at least three of the five Saturday training sessions PLUS THE FULL CAMP WEEKEND
- Weekend Training Camp on the 30th April and 1st May 2011 is compulsory for ALL squad members
- Final NSW Team selection will be made by Junior State Coaches and be based on training attendance and commitment to training